

Learning Style Quiz

Read the following questions and circle the letter of the best answer in your opinion. There is no right or wrong answers to this quiz. Just circle what you usually prefer.

- 1. When learning how to use my computer, I prefer to:
 - A. Read the manual first
 - B. Have someone explain how to do it first
 - C. Just start using the computer and get help if I need it
- 2. When getting directions to a new location, it is easier to:
 - A. Look at a map
 - B. Have someone tell me how to get there
 - C. Follow someone or have them take me there
- 3. To remember a phone number, I:
 - A. Look at the number and dial it several times
 - B. Repeat it silently or out loud to myself several times
 - C. Remember the number by the pattern pressed on the keypad, the tones of each number or by writing it down
- 4. For relaxation, I prefer to:
 - A. Read a book or magazine
 - B. Listen to or play music
 - C. Go for a walk or do something physical
- 5. I am better at:
 - A. Reading
 - B. Talking
 - C. Physical activities
- 6. In school, I learn best by:
 - A. Reading
 - B. Listening
 - C. Hands-on activities
- 7. I tend to be a:
 - A. Thinker
 - B. Talker
 - C. Doer
- 8. When I study for a test, it works best when I:
 - A. Read and picture the information in my head
 - B. Read and say the ideas out loud or silently
 - C. Highlight, write notes and outlines
- 9. It is easier for me to remember:
 - A. Faces
 - B. Names
 - C. Events
- 10. On Saturday, I would prefer to:

- A. See a movie
- B. Go to a concert
- C. Participate in athletics or be outside
- 11. In a college class, it is most important to have:
 - A. A good textbook with pictures, graphs and diagrams
 - B. A good teacher who has interesting lectures
 - C. Hands-on activities
- 12. It is easier to study by:
 - A. Reading and reviewing the material
 - B. Discussing the subject with others
 - C. Writing notes or outlines
- 13. When I get lost, I prefer to:
 - A. Look at the map
 - B. Call or ask for directions
 - C. Drive around the area until I recognize familiar landmarks